**BIKER ROUTES**

- **High Comfort:** Off-road trails, on-road lanes with physical separation from traffic, or streets with low-motor vehicle speeds and/or volumes.
- **Medium Comfort:** Painted bike lanes on moderate-volume roads, and bike lanes with paint buffers on streets with high-motor vehicle speeds also included.
- **Low Comfort:** Bike lanes or shoulders on low-stress streets, important connections without bike facilities or moderate-volume roads.
- **Extremely Low Comfort:** Routes not recommended for bicycle travel but have no practical alternative for some trips.

**PICKING ROUTES**

- **High Comfort:** Off-road trails, on-road lanes with physical separation from traffic, or streets with low-motor vehicle speeds and/or volumes.
- **Medium Comfort:** Painted bike lanes on moderate-volume roads, and bike lanes with paint buffers on streets with high-motor vehicle speeds also included.
- **Low Comfort:** Bike lanes or shoulders on low-stress streets, important connections without bike facilities or moderate-volume roads.
- **Extremely Low Comfort:** Routes not recommended for bicycle travel but have no practical alternative for some trips.

**BICYCLES ON TRANSIT**

- Bike racks are available on most city buses. Bike racks are available on most city buses.
- Salt Lake City residents can purchase reduced fare permits to rent day-use lockers. Request a card to rent day-use lockers. Contact Salt Lake City Transit for more information.

**BIKE PARKING AT DOWNTOWN EVENTS**

- Free valet bicycle parking is available at many festivals and events in downtown Salt Lake City including the Winter Market and Rodeos. Contact Salt Lake City Transit for more information.

**URBAN BIKE TRAILS**

- SALT LAKE CITY - learn about the 8-Line, B公立医院, and more. Visit SLC.bike for more information.

**TIPS FOR Safer TRAVEL**

- Ride with caution! This road is narrow and winding with many vehicles. Be aware of your surroundings and always yield to pedestrians.
- Use a front light at night; a rear light on your bike can also be helpful.
- Stay visible, predictable, and assertive.
- Contact your local bike shop and ask for recommendations.

Thoughtful, law-abiding interactions make bicycling safe for everyone!
**HELMET FITTING**

Wearing a helmet is smart, whether you ride as a solo or on a trail. Helmets are required on most organized bicycle trails, but are not required by law. A helmet should fit snug and level on your head. Helmets are more comfortable when they fit you properly.

**KIND: Your helmet level on your head: two fingers within above measurement.**

**SIT: Adjust strap to form a "Y" underneath your ears and extend over your forehead.**

**NURSE:** You should be able to clip two fingers under the chin strap. The helmet should feel tighter on the top of your head.

**LOCK IT UP**

A U-lock is recommended for locking the front wheel and triangle of the frame to a solid object (such as a bicycle rack). Cable locks are much easier to cut. An unlocked, unlocked bicycle is its own getaway vehicle. Register your bike with the police, or write down your serial number, to assist with theft recovery. [redleaks.com/register]

**STYLIN’ BICYCLIST**

*Right Colors* Park gloves for the warm, wear fingerless gloves for the cold.

*Heads Up* Because bicycles don’t have a windshield, you need to look out for potential hazards.

*Lights are required* during the day, from dusk to dawn. Flashing red and yellow lights are also required.*

**ABCs of Bicycling**

*Apologize your time.* Should you be able to overtake the front wheel. Bikes: Always make sure your brakes and tires are working properly. Law requires bikers to ride two abreast.*

**Look ahead for hidden hazards.** You’re not going to see hidden hazards for everyone else. Make sure you can see over and around other objects, especially on the left side of the road.**

**Bike with Traffic.** Bikes are expected to be able to turn easily at intersections, 2-way with regular traffic. Keep well away from all other bicyclists.*

**REPORT HIGHWAY HAZARD:** On state highways, call 511 to report accidents and other dangerous conditions.

**REPORT LOCAL STREET OR TRAIL PROBLEMS:** Each municipality has its own reporting system. Call your city office, or look up contact online. [slco.org]

**SADDLEBAGS ARE FOR RELIEF:** Use them to carry your water bottle, tools, snacks, and your rain jacket. You might also need them as storage for your travel gear.

**HAZARDS & EMERGENCIES**

**RIDE WITH TRAFFIC.** Motorists often don’t see bicyclists. Motorists turning right or left must watch out for your presence, especially when it comes to making turns. Motorists turning right or left must check their mirrors to make sure there are no cyclists.

**WATCH FOR TURNING TRAFFIC.** Bicyclists in the bike lane should be aware of the possibility of traffic turning right or left. (A.) Turn like a vehicle, and intersecti ons. (B.) Turn in two stages using green turn signals.

**RIDE WITH TRAFFIC.** Motorists oft en don’t see bicyclists. Motorists turning right or left must watch out for your presence, especially when it comes to making turns. Motorists turning right or left must check their mirrors to make sure there are no cyclists.

**WATCH FOR TURNING TRAFFIC.** Bicyclists in the bike lane should be aware of the possibility of traffic turning right or left. (A.) Turn like a vehicle, and intersecti ons. (B.) Turn in two stages using green turn signals.

**Safety Tips**

**SAFETY TIPS**

**EMERGENCIES:** Call 9-1-1 or an equivalent to call for help.

**REPORT HIGHWAY HAZARD:** On state highways, call 511 to report accidents and other dangerous conditions.

**REPORT LOCAL STREET OR TRAIL PROBLEMS:** Each municipality has its own reporting system. Call your city office, or look up contact online. [slco.org]

**SADDLEBAGS ARE FOR RELIEF:** Use them to carry your water bottle, tools, snacks, and your rain jacket. You might also need them as storage for your travel gear.

**HAZARDS & EMERGENCIES**

**RIDE WITH TRAFFIC.** Motorists often don’t see bicyclists. Motorists turning right or left must watch out for your presence, especially when it comes to making turns. Motorists turning right or left must check their mirrors to make sure there are no cyclists.

**WATCH FOR TURNING TRAFFIC.** Bicyclists in the bike lane should be aware of the possibility of traffic turning right or left. (A.) Turn like a vehicle, and intersecti ons. (B.) Turn in two stages using green turn signals.

**RIDE WITH TRAFFIC.** Motorists oft en don’t see bicyclists. Motorists turning right or left must watch out for your presence, especially when it comes to making turns. Motorists turning right or left must check their mirrors to make sure there are no cyclists.

**WATCH FOR TURNING TRAFFIC.** Bicyclists in the bike lane should be aware of the possibility of traffic turning right or left. (A.) Turn like a vehicle, and intersecti ons. (B.) Turn in two stages using green turn signals.

**Safety Tips**

**SAFETY TIPS**

**EMERGENCIES:** Call 9-1-1 or an equivalent to call for help.

**REPORT HIGHWAY HAZARD:** On state highways, call 511 to report accidents and other dangerous conditions.

**REPORT LOCAL STREET OR TRAIL PROBLEMS:** Each municipality has its own reporting system. Call your city office, or look up contact online. [slco.org]

**SADDLEBAGS ARE FOR RELIEF:** Use them to carry your water bottle, tools, snacks, and your rain jacket. You might also need them as storage for your travel gear.

**HAZARDS & EMERGENCIES**

**RIDE WITH TRAFFIC.** Motorists often don’t see bicyclists. Motorists turning right or left must watch out for your presence, especially when it comes to making turns. Motorists turning right or left must check their mirrors to make sure there are no cyclists.

**WATCH FOR TURNING TRAFFIC.** Bicyclists in the bike lane should be aware of the possibility of traffic turning right or left. (A.) Turn like a vehicle, and intersecti ons. (B.) Turn in two stages using green turn signals.